

Valley House Practical Courses



Valley House Community Wellbeing service is dedicated to providing emotional and practical support to its service users. These short courses give an introduction to some of the practical elements of our support.

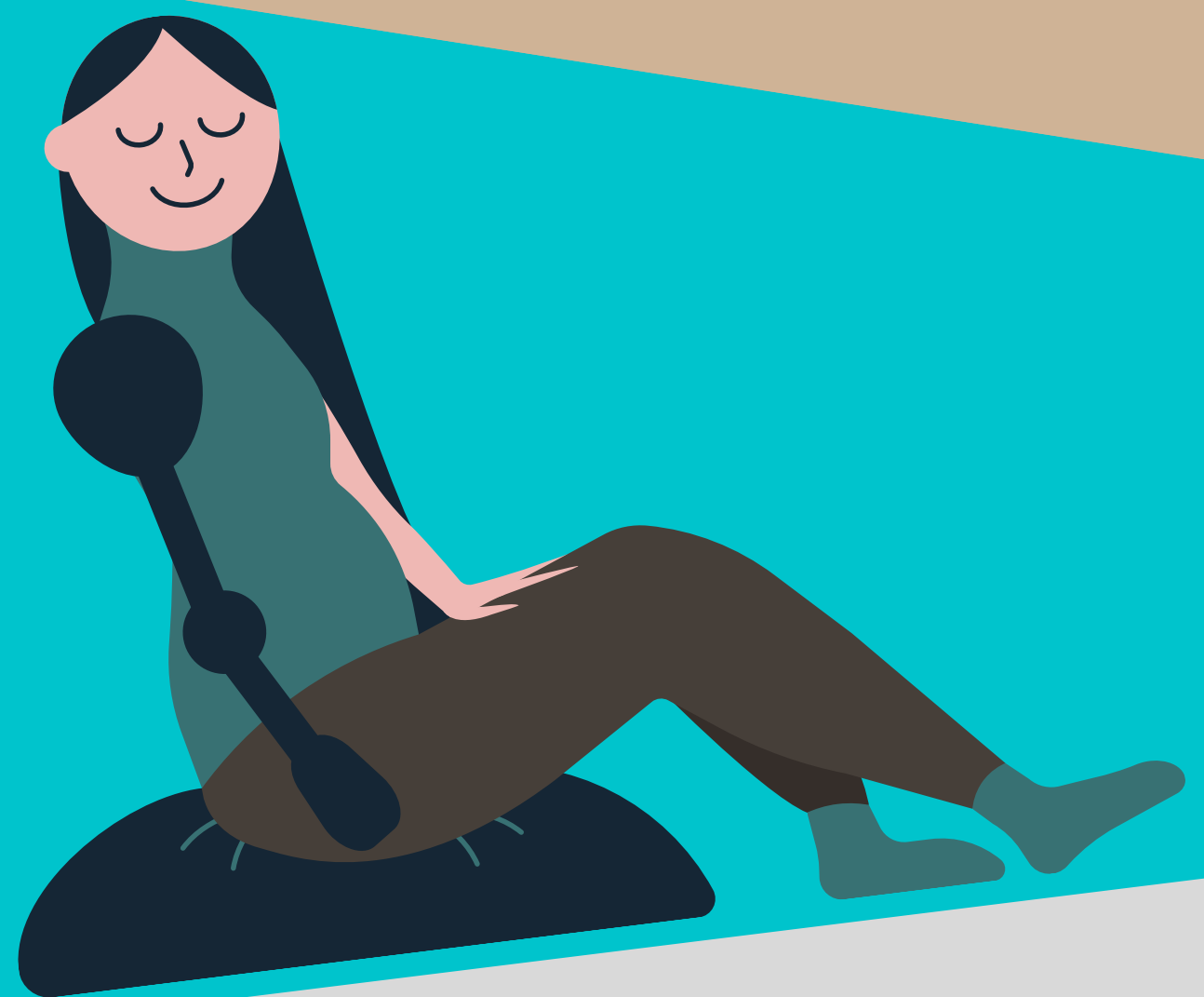


Budgeting and Debt

An introduction to budgeting, debt and how to manage this.

Personal Independence Payment

An introduction to Personal Independent Payment - whether you may be entitled to it and the application process for this.



To access these workshops, or find out more about what Valley House can offer you contact your Journey Guide for a referral



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